



- These recipes are for 8 people. It is a lot of food so you will probably have left-overs to enjoy the following day! I have included enough chicken for one portion each and enough fish for half a portion each. Plus there is salad and tortilla chips on the side. When I have a dinner party, I like to provide a few options so people have a choice or can try everything.
- Quantities are included in the meal plan but not the shopping list. The reason for this is that Ocado won't search for a quantity. Instead cut and paste the list into the search and select the quantity you need. (You only need to do this once, then you can save your list for future)

Mexican Night		
Meal	List	Recipe
Chicken burritos with pico de gallo Salsa (for 8 people)	8 chicken thighs, boned 8 large flour tortillas 500g cooked rice guacamole handful grated mozzarella 8 tbsp soured cream	Rick Stein Mexico <u>Rick Stein Chicken Burritos with Pico de Gallo Salsa Recipe (thehappyfoodie.co.uk)</u>

Butterflied grilled sea bass with green and red salsa (for 4 people)	1 little gem lettuce, shredded 4 large ripe tomatoes, deseeded and finely diced 1 onion Fresh coriander 2 green serrano or jalapeno chilli 1 lime 4 chipotles en adobo 4 tbsp soured cream 4 tbsp mayonnaise squeeze of lime juice juice of 4 limes 4 cloves of garlic olive oil 2 tsp oregano 2 tsp chilli flakes 2 tsp brown sugar 4 whole bass large handful coriander large handful chives 4 garlic cloves olive oil 1/2 tsp salt 1 lime, juice only 2 green serrano chilli 6 dried guajillo chillies 4 ancho chillies 2 tomatoes 1 small onion 4 garlic cloves 1 tsp dried oregano 1 tsp ground cumin 1 tsp salt	<u>Mexican fish with refried beans recipe - BBC Food</u>
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	70g lard 2 medium onions 4 garlic cloves 2 green jalapeño chilli 2x 600g cooked black or pinto beans 1 tsp oregano 1 tsp salt 2 tbsp soured cream 2 tbsp mayonnaise 1 lime	
Green leaf salad	Green leaf salad	
Rice	Rice	
Tortilla chips	Tortilla chips	



chicken thighs
flour tortillas
rice
guacamole
grated mozzarella
soured cream
little gem lettuce
tomatoes

onions
fresh coriander
jalapeno chili
limes
chipotles en adobo
mayonnaise
garlic
olive oil

oregano
chili flakes
brown sugar
whole bass
Fresh coriander
Fresh chives
green serrano chili
dried guajillo chillies

ancho chillies
ground cumin
lard
cooked black or pinto beans
mayonnaise
Green leaf salad
Tortilla chips