



- Quantities are included in the meal plan but not the shopping list. The reason for this is that Ocado wont search for a quantity. Instead cut and paste the list into the search and select the quantity you need. (You only need to do this once, then you can save your list for future)
- Serves 6

Christmas Eve and Christmas Day		
Menu	List	Recipe
Christmas Eve		
Lunch		
Vegetarian nut roast pie (without the gravy) Salad	For the filling drizzle olive oil 4 leeks, finely sliced 4 rosemary sprigs, picked	Vegetarian nut roast pie recipe - BBC Food (make in advance)

<p>Tomatoes</p>	<p>6 thyme sprigs, roughly chopped 3 garlic cloves, finely chopped 250g/9oz chestnut mushrooms, finely chopped 5 sage leaves, roughly chopped 600g/1lb 5oz mixed nuts (e.g. pecans, cashews and hazelnuts) 150g/5½oz Gruyère, grated (or similar vegetarian cheese, such as emmental) 3 free-range eggs 150g/5½oz dried cranberries 125g/4½oz frozen cranberries For the pastry 100ml/3½fl oz water 80g/2¾oz butter 125g/4½oz plain flour, plus extra for rolling out the pastry 150g/5½oz wholemeal flour pinch salt 1 free-range egg, plus 1 free-range egg, beaten, to glaze</p>	
<p>Christmas Eve Dinner</p>		
<p>Traditional Swedish Julbord (Christmas table) of herrings, meatballs, ham, sausages, cured salmon, beetroot and Jansson's frestelse potatoes.</p>	<p>Potatoes 1kg potatoes (ideally desiree, but maris piper work well too) 75g unsalted butter 2 large onions, halved and sliced 125g tin ansjovis (or 2 tins if you like a stronger flavour) – see Tips and Know-how 300ml whole milk 300ml double cream</p>	<p>Christmas Jansson's temptation - delicious. Magazine (can make in advance) Homemade gravad lax recipe - BBC Food (make in advance)</p>

	<p>50g dried breadcrumbs</p> <p>Meatballs Herrings Ham Sausages</p> <p><u>Cured Salmon</u></p> <p><u>Beetroot</u> 2 medium beetroots ½ medium apple 1 medium red onion 2 medium pickles pickled cucumbers or cornichons 2 tablespoons mayonnaise 1 tablespoon yogurt 3 tablespoons buttermilk 2 teaspoons horseradish (freshly grated or preserved) 2 teaspoons Dijon mustard 1 pinch salt 1 pinch ground black pepper</p>	<p>Authentic Swedish Beetroot Salad Recipe - SaladRecipes.info (can make in advance)</p>
<p>Christmas Day</p>		
<p>Breakfast</p>		
<p>Tea Coffee</p>	<p>Tea Coffee</p>	

<p>Croissants Butter Jam Pastries</p>	<p>Croissants (frozen) Butter Jam Pastries (frozen)</p>	
<p>Christmas Dinner</p>		
<p>Blinis</p>	<p>Blinis Smoked salmon Creme fraiche</p>	
<p>Turkey Bread Sauce Gravy Pigs in Blankets Stuffing Balls Carrots Sprouts Roast potatoes Cranberry Sauce Parsnips with parmesan</p>	<p>1 tbsp sunflower or vegetable oil 1.5kg/3lb 5oz frozen turkey breast joint, thawed (see recipe tips) 1 tbsp fresh thyme leaves or 1 tsp dried thyme 6 rashers smoked streaky bacon 1-2 clementines, satsumas or 1 small orange, thinly sliced 15g/½oz butter salt and freshly ground black pepper</p> <p><u>For the bread sauce</u> 400ml/14fl oz milk, ideally full-fat ½ medium onion, cut into 4 wedges 1 fresh bay leaf 3-4 sprigs fresh thyme or ¼ tsp dried thyme 8-10 cloves ¼ tsp salt, plus extra to season 25g/1oz butter 60g/2¼oz fresh white breadcrumbs</p> <p><u>For the gravy</u> 20g/¾oz plain flour</p>	<p>Roast turkey breast and all the trimmings recipe - BBC Food</p> <p>Roast potatoes Cranberry Sauce Parsnips with parmesan</p> <p>(Bread Sauce and Stuffing Balls can be made in advance. Veg prepped in advance)</p>

	<p>85g/3oz red or white wine (or more stock) 400ml/14fl oz chicken stock, made with 1 chicken stock cube 1 tbsp redcurrant jelly or cranberry sauce</p> <p><u>For the pigs in blankets</u> 6 pork sausages, separated 6 rashers smoked streaky bacon, halved</p> <p><u>For the stuffing balls</u> 1 tbsp sunflower or vegetable oil, plus extra for greasing ½ medium onion, finely chopped 4 pork sausages, separated 1 small lemon, finely grated zest only 75g/2½oz fresh white breadcrumbs 2 tbsp roughly chopped fresh thyme leaves (or 1 tsp dried thyme)</p> <p><u>To serve</u> 500g/1lb 2oz carrots, peeled and cut into batons 500g/1lb 2oz small Brussels sprouts, trimmed 40g/1½oz butter</p> <p>Roast potatoes Cranberry Sauce Parsnips with parmesan</p>	
<p>Christmas Pudding Rum Sauce Brandy Butter Cream</p>	<p>Christmas pudding Rum sauce Brandy butter Cream</p>	
<p>Supper</p>		

Leftovers Rolls Cheese and biscuits Christmas cake Mince pies	Rolls Cheese Crackers Christmas cake Mince pies	
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leeks
garlic cloves
chestnut mushrooms
sage leaves
mixed nuts
Gruyère, grated
eggs
dried cranberries
frozen cranberries
butter
plain flour
wholemeal flour
potatoes
unsalted butter
onions, halved and sliced
Ansjovis
whole milk
double cream
dried breadcrumbs

rosemary sprigs
Meatballs
Herrings
Ham
Sausages
beetroots
apple
red onion
cornichons
Mayonnaise
yogurt
buttermilk
horseradish
Dijon mustard
Tea
Coffee
Croissants (frozen)
Butter
Jam

thyme sprigs
Pastries (frozen)
Blinis
Smoked salmon
Creme fraiche
sunflower or vegetable oil
frozen turkey breast joint,
fresh thyme leaves
smoked streaky bacon
clementines
fresh bay leaf
cloves
fresh white breadcrumbs
red or white wine
cranberry sauce
pork sausages
rashers smoked streaky bacon
vegetable oil
lemon

Carrots
Brussels sprouts
Roast potatoes
Cranberry Sauce
Parsnips
parmesan
Christmas pudding
Rum sauce
Brandy butter
Cream
Rolls
Cheese
Crackers
Christmas cake
Mince pies